

US

UNIVERSITY
OF SUSSEX

ANNUAL REPORT 2023-2024



Email: kindness@sussex.ac.uk

Twitter: [@kindnessussex](https://twitter.com/kindnessussex)

Instagram: [@researchonkindness](https://www.instagram.com/researchonkindness)

<https://www.sussex.ac.uk/research/centres/kindness/>

ROK LEADERSHIP

STEERING GROUP

The Sussex Centre for Research on Kindness (ROK) was founded by Prof Robin Banerjee in 2022. We are grateful for administrative support from Elouisa Huitson (Psychology). For the past year, we have also benefited from the enthusiasm and support from our undergraduate placement students, Freya Smith and Ray Teso Buitrago.



ROBIN BANERJEE



KAREN PATTERSON

Our Steering Group from across the University met in December 2023 and June 2024 to provide feedback and direction. Current members include:

- Prof Robin Banerjee (Psychology; Founder and Advisor)
- Dr Gillian Sandstrom (Psychology; Director)
- Dr Meike Fechter (Anthropology and International Development; Co-Director)
- Dr Karen Patterson (Brighton and Sussex Medical School; Co-Director)
- Prof Michelle Lefevre (Social Work)
- Dr Liz McDonnell (Law, Politics and Sociology)
- Dr Claire Potter (School of Engineering and Informatics)
- Prof Martin Spinelli (Media, Arts and Humanities)



GILLIAN SANDSTROM



MICHELLE LEFEVRE



MEIKE FECHTER



LIZ MCDONNELL



CLAIRE POTTER



MARTIN SPINELLI

ROK LEADERSHIP IN MEMORIAM



CATHERINE WILL

We are saddened to share the news of the passing of Professor Catherine Will, who served on the Steering Group for the ROK from its inception and contributed to ROK meetings and events, even when life had become more challenging. At her funeral service, family members, friends and colleagues who shared memories of Catherine all spoke of her intellectual curiosity and her kindness as a person. We are sad to lose such a great ambassador of kindness, and will miss Catherine's steady support of the work happening at the ROK.

ROK LEADERSHIP

NEWS AND AWARDS

ROBIN BANERJEE



Robin Banerjee was named one of the [50 Leading Lights: Kindness in Leadership](#), in association with KPMG ([University of Sussex news article here](#))

Robin Banerjee has been awarded an [Honorary Doctor of Psychology from the University of Chichester](#)



CLAIRE POTTER

Claire Potter has been named a [Design Council Expert](#): part of a network of design pioneers who work with the Design Council to help accelerate their Design for Planet mission

ROK LEADERSHIP

NEWS AND AWARDS



KAREN PATTERSON

Karen Patterson was awarded a PhD!

CLAUDIA HAMMOND

Claudia Hammond was awarded [the Rosalind Franklin medal from Humanists UK](#) for her work on kindness. She was cited for “Her work to promote, and better understand the nature of kindness – kindness to others, and also to ourselves; And for working to help people reflect, for themselves, on what they can do to bring about a more tolerant society, where rational thinking and kindness prevail.” As part of the ceremony, she delivered The Rosalind Franklin Lecture, chaired by Samira Ahmed.



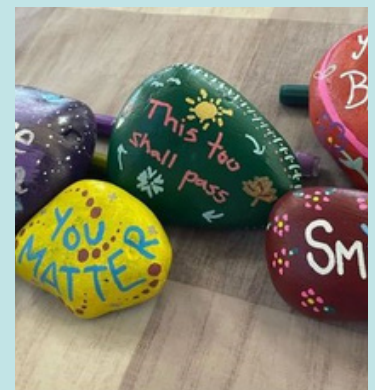
INTERNAL EVENTS

Kindness ROKS!

Placement students Ray and Freya hosted an event for the members of the ROK and friends to come socialise and **paint some rocks with kind messages.**

This was partly inspired by past events regarding the benefits of generating positive messages in a creative way - i.e. painting. This was a great way to spread kindness and get to know more people inside the kindness community.

The painted rocks were then scattered around campus for others to find and appreciate.



LEARN

GRANTS FOR NEW PROJECTS

4-Day Working Week

Charlotte Rae was [awarded a UKRI Future Leaders Fellowship](#) (2024-2028), for a project studying how a 4 day working week changes mental health, physical health & lifestyle, and workplace experience.

Gratitude, Indebtedness and Prosocial Behavior

Mariko Visserman was awarded an early career research grant from the Global Gratitude Project, sponsored by [The Love Consortium](#), for a project that takes a cultural perspective on gratitude and indebtedness in driving prosocial behavior.

Romantic Relationships

Mariko Visserman is also a collaborator on a Social Sciences and Humanities Research Council (Canada) Insight Grant, on a project that will study how people protect their romantic relationships from attractive alternative partners.

LEARN

POSTGRADUATE UPDATES



James Laughton, working with **Gillian Sandstrom** and Smadar Cohen-Chen, has continued his research into the psychological effects of prosocial behaviour, and how they are influenced by key psychological and situational variables that are present before, during and after an act of kindness is committed.



Carmen McClean-Daoust is working with **Dan Campbell-Meiklejohn** on the mechanisms of intentional control of empathy and other emotions.



Taylor West joins us as a Visiting Research Fellow, working with **Gillian Sandstrom**. She recently completed her PhD at the University of North Carolina, Chapel Hill, doing research on the societal benefits (intellectual humility and altruism) of connecting with strangers and weak ties (i.e., acquaintances).

LEARN

COMPLETED RESEARCH PROJECTS

Radio Times' The Screen Test

As part of Radio Times' centenary celebrations, **Robin Banerjee (Psychology)** co-developed The Screen Test. Several articles in Radio Times and other media outlets reported on the results, including key results around happier and kinder TV.

Reaching out to old friends

People are as hesitant to reach out to an old friend as they are to strike up a conversation with a stranger, even when they have the capacity and desire to do so.

Gillian Sandstrom (Psychology) and her collaborator Lara Aknin studied almost 2,500 participants to understand how prevalent lapsed friendships are, how reluctant people are to reach out to reconnect, and what barriers make it challenging to do so. After testing two interventions that didn't work, Gillian and Lara figured out a way to encourage people to send that first message to an old friend: asking them to practice first, by sending messages to current friends.

LEARN

ONGOING RESEARCH PROJECTS

Children's Empathy and Reading

Robin Banerjee (Psychology), and his collaborators Profs Jane Oakhill and Alan Garnham are two years into a three year project studying the effects of reading on children's empathy. Along with UK charity EmpathyLab, they have hosted an [Educating for Empathy conference](#), and have [called for empathy skills to be put on the national curriculum](#). Full results from their research will be available next year.

Mutual aid in displacement



Items donated to people fleeing from fights on the border of Thailand, Kayin State.
Photo by Jacqueline Hpway

Meike Fechter (Anthropology and International Development) and her colleagues are currently working on outputs from their project on mutual aid in displacement in Myanmar. This has included a briefing for FCDO staff, a submission to the UN Special Rapporteur on his report on the gendered impact of the coup in Myanmar; a policy brief on mutual aid; and [a blog post on 'other' humanitarianisms](#), forthcoming in the journal, Focaal. They have also co-organised, with Synne Dyvik, a workshop on 'Refugee Hosting' at Sussex University in June 2024, exploring how and in what ways people host refugees in countries across the world.

4-day workweek

Through 2024, **Charlotte Rae (Psychology)** and her team have worked with another 5 employers to help them trial a 4 day working week (www.sussex4dayweek.co.uk). We have measured what's changed for staff in wellbeing, workplace performance, and even brain function with MRI scans! We are continuing to enrol employers over the coming months, and are also looking for control participants who stay on their original working hours. **We welcome any enquiries about taking part in the trial**, either as a 4 day week participant or control (and get your MRI scan!), or invitations to give talks.



LEARN SPOTLIGHT WHOLE SCHOOL APPROACH TO MENTAL HEALTH

Robin Banerjee (Psychology) and Becca Randell, Senior Research Fellow and Mental Health Lead at Health Innovation Kent Surrey and Sussex have been working in partnership with NHS England, Charlie Waller Trust and Sussex Partnership Foundation NHS Trust to co-design implementation and outcome measures to measure the impact of whole school and college approach to mental health in educational settings.



Following the research, they have developed a [digital measurement toolkit](#) which was launched at the end of January and is already being used by over 450 schools and colleges, having been rolled out nationally. In addition, Robin and Becca facilitated a national roundtable on whole school and college approach to mental health to identify policy gaps and opportunities. The roundtable was supported by policy leads from various national partners including, for example, DfE, NHSE, Association of Colleges, Association of Education Psychologists, Anna Freud, Place2Be, University of Birmingham and Department for Health and Social Care. As a result of the roundtable, a policy paper outlining the key whole school and college approach policy recommendations is being co-produced for ministers and key government departments.

- Early identification of mental health difficulties
- Effective intervention for mental health difficulties
- Pupil help-seeking
- Pupil relationship with peers: social inclusion
- Pupil relationship with peers: bullying
- Pupil relationship with staff

- Pupil wellbeing and mental health: social behaviour
- Pupil wellbeing and mental health: emotional functioning
- Pupil participation and engagement in school community
- Staff confidence in addressing pupil mental health
- Staff wellbeing
- Partnership with parents in wellbeing at school

- Staff wellbeing
- Staff development
- Leadership and management - delegation
- Leadership and management - senior leadership
- Overall governance, accountability and leadership of MHST
- Overall integration of MHST with other services
- Targeted mental health support
- Universal mental health work
- Environment and ethos

- Whole school engagement - governors
- Whole school engagement - parents and carers
- Whole school engagement - staff
- Whole school engagement - student voice
- Data collection to inform mental health work
- Data collection to identify mental health needs
- Integration with other approaches to behaviour and well-being
- Integration with curriculum, teaching and learning

LEARN

SPOTLIGHT KINDNESS IN SOCIAL WORK

Michelle Lefevre (Social Work) has been working with survey data from the [Kindness Test project](#) with Ray Teso Buitrago and Freya Smith, the two undergraduate students who have been on placement with the Sussex Centre for Research on Kindness during 2023-24. This public survey was conducted in 2021 by a team of researchers from the ROK, in partnership with BBC Radio 4. The aim was to learn more about how people's attitudes and experiences might vary across different groups, and how experiences of kindness might relate to health, well-being, and other social and psychological experiences.

The
Kindness
Test

BBC
RADIO



US
UNIVERSITY
OF SUSSEX



The findings are now being written up as a journal article, which will consider whether the concept of kindness should be foregrounded in social work training, alongside other personal qualities and skills such as empathy, care, warmth and generosity. In addition, and in recognition of the high rate of stress and illness in the profession, the paper will draw attention to how important it is for social workers themselves to experience an environment of kindness in the workplace.

More than 60,000 responses were received overall, of whom 857 were social workers. This offered an interesting opportunity to learn what kindness meant in the context of social work practice. We were able to explore both whether social workers felt able to demonstrate acts of kindness to service users, colleagues or managers and whether/how they in turn experienced kindness from others.

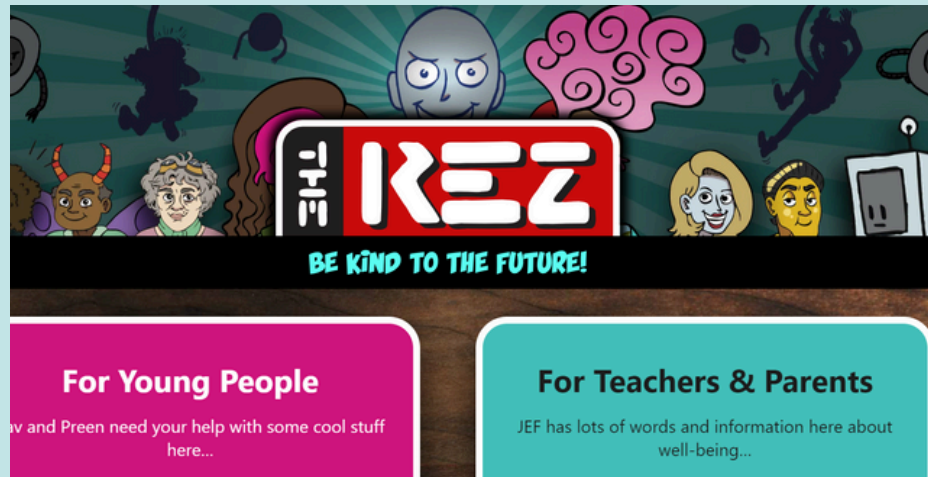


LEARN

SPOTLIGHT THE REZ

In 2024, **Martin Spinelli's (Media, Arts and Humanities)** kids' wellbeing sci-fi adventure drama podcast and transmedia project *The Rez* has continued to grow and make a kindness impact.

The *Rez* podcast broke into the Top 10 podcast chart in the US for the first time this summer. It also charted at #1 in several smaller countries including the Republic of Ireland and South Korea.



The number of schools requesting *Rez* comics to accompany their use of *Rez* PSHE lesson plans has climbed to 172 (from Canada to Singapore). The lesson plans themselves have been downloaded more than 8,500 times.

The *Rez* was included in The Guardian's list of the 20 best family listening podcasts for summer 2024. Martin, executive producer of *The Rez*, was interviewed on Radio 4's flagship *The Today Programme* about children, AI and mental health.



If you know a school that might be interested in *The Rez*, please direct them to [The Rez website](#).

LEARN

SPOTLIGHT KINDNESS IN CLOSE RELATIONSHIPS



Mariko Visserman (Psychology) is working on several different projects:

She is starting work examining how romantic couples in different Western (US, Canada, Europe) and Eastern (South Korea, Singapore) cultural contexts use predictions about gratitude and/or indebtedness in their decisions about engaging in costly prosocial behaviors (i.e., sacrifices).

She is examining whether relational sacrifices can be a source of novelty that can spark personal growth—which would provide avenues for navigating sacrifices (that often occur in couples' lives) in ways that feel less costly and bring more personal benefits, to help individuals and couples thrive.

She is studying how we get our fundamental needs met for autonomy, competence, and relatedness, when giving to, or receiving costly favours from others.

SHARE

GIVING AWAY RESEARCH ON KINDNESS

Resources



Placement students Freya Smith and Ray Teso Buitrago created a set of four infographics about: how self-kindness and self-compassion are related to well-being, and how to practice self-kindness and self-compassion. They also created a kid-friendly self-kindness “spinner”, and a kindness bingo card. These are all free to download and use, from the [Resources section on our website](#).



SHARE

GIVING AWAY RESEARCH ON KINDNESS

Talks, Workshops and Podcasts



Kindness, General

- Research Libraries conference (Robin Banerjee)
- Brighton & Hove Recovery College (Robin Banerjee)
- Brighton and Sussex Medical School, Centre of Dementia Studies event (Robin Banerjee)
- Global Empathy Conference (Robin Banerjee)
- Nuffield Foundation 80th Anniversary Conference (Robin Banerjee)
- Panel on Kindness in the Media, KindFest (Claudia Hammond, Robin Banerjee)
- **The Science of Well-being, Think Again! talk series (Claudia Hammond, Dan Campbell-Meiklejohn)**
- Interview about prosocial behaviour, meaningful work and how to live a happy life, 180 degrees consulting (James Laughton)

Kindness in Education

- Organised and gave keynote presentations at major one-day conference on empathy and children's books, in partnership with EmpathyLab (Robin Banerjee)
- EmpathyLab masterclass for children's book authors (Robin Banerjee)
- Royal Wootton Bassett Academy online teacher conference (Robin Banerjee)

SHARE

GIVING AWAY RESEARCH ON KINDNESS

Talks, Workshops and Podcasts

Kindness in Healthcare

- Leading with Kindness: The psychology of kindness and wellbeing at work, Sussex Community NHS Foundation Trust (Robin Banerjee)
- Kindness, niceness, & honesty in healthcare, NHS North-West London, Co-Design Advisory Board meeting (Karen Patterson)
- Results from The Kindness Test: Kindness in healthcare, NHS North-West London, Co-Design Advisory Board meeting (Gillian Sandstrom)

Kindness in the Workplace

- Brighton Dome and Brighton Festival business networking event (Robin Banerjee)
- Gatwick Diamond Business annual conference (Robin Banerjee)
- [Making four day weeks work](#), Diary of a CLO podcast (Charlotte Rae)
- Making the 4 day working week work, World of Work webinar (Charlotte Rae)
- [The 4 day week: exploring the evidence with Dr Charlotte Rae](#), World of Work podcast (Charlotte Rae)
- The 4 Day Week & 9 Day Fortnight: How We Made It Work, Sussex Innovation Centre Falmer (Charlotte Rae)
- [Building your values into your commercialization journey](#), Sussex Founders podcast (Charlotte Rae),
- Rockinghorse Wellbeing at Work panel (Charlotte Rae)
- The 4 Day Week: Improving life at work & beyond, Lewes Climate Hub (Charlotte Rae)
- Sussex 4 Day Week stand, Lewes STEM fair (Charlotte Rae)
- How can we reimagine work with a 4 day week?, Watch This Sp_ace, Reimagination at Work conference (Charlotte Rae)

SHARE

GIVING AWAY RESEARCH ON KINDNESS

Blog Posts

- [Step into kindness](#): Psychologists from the Sussex Centre for Research on Kindness offer insights and suggestions for a kind Christmas, British Psychological Society (Robin Banerjee)
- [The warm glow of kindness](#): Universities can play an active role in staff and student volunteering, University of Sussex (Robin Banerjee)
- [Compassion](#): Should we care? Annual impact report for [o3e](#), a charity team-building company (Nicky McCrudden)
- [Thinking of introducing the 4-day week? Tread carefully](#), Posturite blog (Charlotte Rae)
- [Students of kindness](#): Could your life do with a 'kindness' boost this year? Dr Gillian Sandstrom, senior lecturer in the Psychology of Kindness, shares insights from her University of Sussex students, British Psychological Society (Gillian Sandstrom)

Media Coverage

- [An interview with Prof. Robin Banerjee of University of Sussex on his research in Kindness studies](#), The Hindu (Robin Banerjee)
- Interview on kindness, prompted by King Charles's Maundy Thursday message, LBC (Robin Banerjee)
- [Channel 4 made Bake Off less mean after complaints](#), says boss, Radio Times (The Screen Test, spearheaded by Robin Banerjee)
- [All Creatures is about "kindness", not "high drama"](#), says writer, Radio Times (The Screen Test, spearheaded by Robin Banerjee)
- Interview about Random Acts of Kindness Week, BBC R5 Live (Late) with Lisa McCormick (Gillian Sandstrom)
- [Self-care](#): why looking after No 1 isn't always best for your wellbeing, The Guardian - Observer (Gillian Sandstrom)
- [Une force insoupçonnée](#), La Presse (Gillian Sandstrom)
- Interview about a new app called 'Aileen' that children can use to talk about kindness, friends, and wellbeing. BBC Radio 4, Today Programme (Martin Spinelli)
- [5-second breaks can help reduce aggression between couples](#), study finds, CNN Health (Mariko Visserman)
- [What the way you cook together says about your relationship](#): Are you a stuck in a rut or playing with fire?, The Telegraph (Mariko Visserman)
- Interview about how relationships have changed in the past 60 years, BBC Radio Sussex (Mariko Visserman)

SHARE

SPOTLIGHT

CLAUDIA HAMMOND: THE KEYS TO KINDNESS

Claudia Hammond's book [The Keys to Kindness](#), featuring the results of the Kindness Test, as well as research by other ROK members, was published by Canongate in paperback. It was also translated to German, Mandarin, Romanian, Arabic, Dutch and Spanish for publication overseas.



Claudia has promoted the book, and the underlying research, at various talks.

These include:

[New Scientist Live](#) at the Excel Centre in London.

[Northern Ireland Science Festival](#)

Ostrava Music festival in the Czech Republic.

Latitude Festival.

Keynote on Kindness and Public Engagement at the [International Congress of Psychology in Prague](#).



For her work on kindness, Claudia Hammond was awarded the Rosalind Franklin medal from Humanists UK (see page 6)

She has done various podcast interviews, including: [Can You Be Kind AND Successful?](#), Slow Mo podcast

NURTURE

HELPING SPREAD KINDNESS

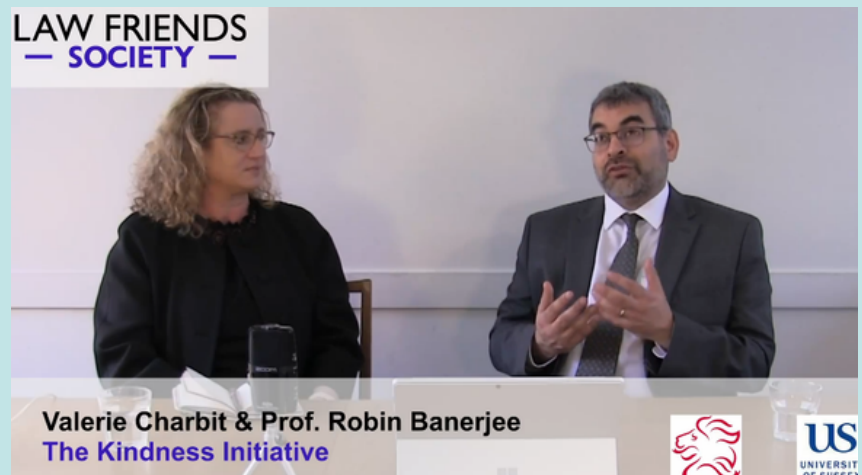
Kindness awards



Robin Banerjee (Psychology) served on the judging panel for the [School of Kindness' kindness awards](#)

Kindness at the Bar

In 2022, **Robin Banerjee (Psychology)** started working with the Bar Council to explore kindness in the legal profession. He has now completed a new project on experiences of kindness among barristers and senior judiciary, focused on identifying feasible solutions for promoting greater kindness at the Bar. A report and presentation to barristers are planned for this Autumn.



Talk to strangers week



In Nov 2023, Canadian non-profit [GenWell](#), a human connection movement, instituted a [“Talk to a Stranger Week”](#), inspired by the research of **Gillian Sandstrom (Psychology)**. To promote the event, Gillian participated in a [webinar](#), hosted by GenWell founder and CEO Pete Bombaci. This year (2024), Talk to a Stranger Week runs from Nov 18-24, in Canada and also in Germany.

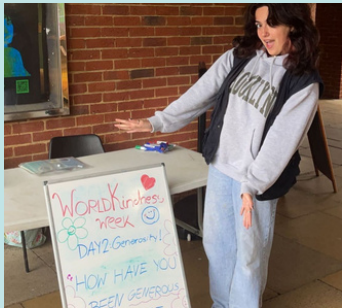
NURTURE

KINDNESS EXCHANGE

On-Campus Event



To celebrate World Kindness Day (Monday 13 November), placement students (Freya and Ray) hosted a series of interactive activities throughout the week to encourage students to be more kind. The event was based on a study by Ciocarlan et al., (2018) which identified five key categories that inspire positivity and promote wellbeing: being positive, being generous, expressing gratitude, being friendly and self-kindness. To ensure that they covered each kindness category, they came up with five different questions to ask people each day:



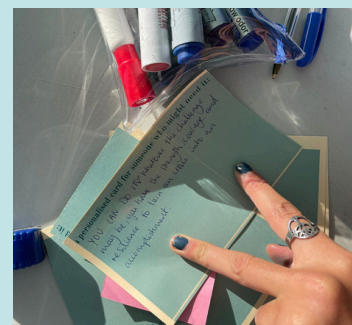
- Monday - [Being positive](#): "What is one positive thing in your life currently?"
- Tuesday - [Being generous](#): "How have you been generous in the last week?"
- Wednesday - [Expressing gratitude](#): "How have you expressed your gratitude to your loved ones recently?"
- Thursday - [Being friendly](#): "Can you recall a time you were friendly towards a stranger?"
- Friday - [Self-kindness](#): "What is an act of kindness you do for yourself?"



Participants were encouraged to write down their answers so it could be pinned up and shared with others, in order to start a chain of kindness.

Research shows that simply recalling acts of kindness improves wellbeing, so this is a really accessible way for students to aid their mental wellbeing (Aknin et al., 2012).

Participants also received a card to write a kind, uplifting message to be passed along to a [stranger](#), with the intention of brightening up their day. This resulted in many smiles and some lovely conversations about kindness with the students at the University.



[The Kindness Exchange](#) then carried out a tour around campus, showcasing the responses received from the event across different locations. It started at the Student Union, then over to the Meeting House, then the library and eventually to Pevensey 1, where it remains. You can go and add your own responses or leave a kind message for a stranger to pick up!

NURTURE

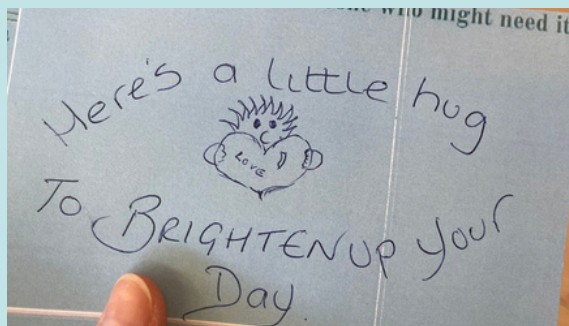
KINDNESS EXCHANGE

Community Event



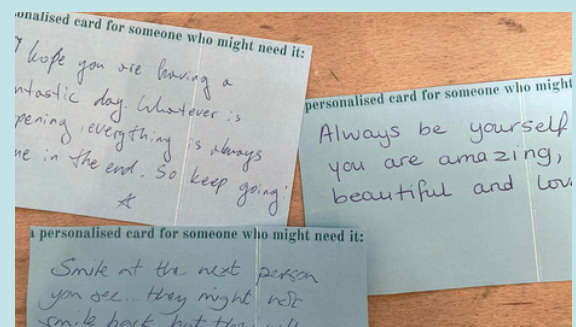
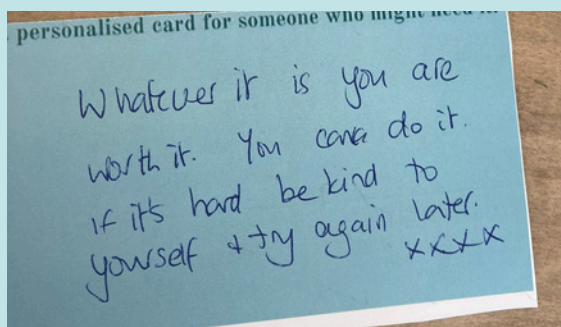
After the success of the first run of The Kindness Exchange event on the University of SUSsex campus, placement students Ray (left) and Freya (right) took this event to the Brighton community to reach a wider audience.

The [Open Market Community Event](#) encouraged people to write kind, anonymous messages which they would then hand out to strangers who passed by.



This elicited some gratifying interactions, as they were able to show our community the kindness existing within it.

This was especially important given the time the event was run: through Mental Health Awareness Week.



Results from The Kindness Test find a relationship between showing and receiving kindness and mental well-being. When people are more kind, or others are kinder to them, they report less anxiety and depression, and they say they are happier with their lives.

NURTURE

PLACEMENT EXPERIENCE

Our experience on placement with The ROK 2023-2024



We can both safely say that working with Gillian and The Sussex Centre for Research on Kindness over this past year has honestly been one of the **best decisions of our academic life**.

We've **accomplished such a wide range of things** and **met so many amazing people** that we likely would've never had the opportunity to do so should we have chosen to not do a placement.

Most importantly, we both feel as though **we have grown as people** and **gained confidence in ourselves**.

Throughout the year we've created an [event](#) specifically aiming to enhance wellbeing through being kind to others suited for all ages, made [kindness resources](#) to share with others, filmed a [video](#) with the British Psychological Society stating the importance of self-kindness and performed a [presentation](#) to the community generally talking about all the benefits of being kind.

We've also created an [Instagram account](#) for the centre which displays what we've been researching in a fun and creative way to reach a wide audience, but most importantly other students.



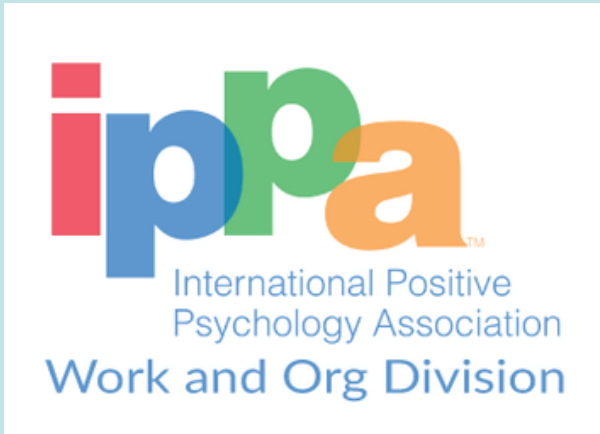
This past year has been so full of kindness, both learning about it and spreading it. We both feel as though we have **we've ultimately become kinder** over the course of the year.

The bottom line is that **we have loved our time on placement with ROK** and would recommend doing a placement in general to anybody. You will gain a wealth of knowledge, both to support you academically and in a sense of personal growth. It's been incredible and **we look forward to continuing this kindness into our everyday lives**.



NEW CONNECTIONS AND COLLABORATIONS

International Positive Psychology Association (IPPA)



The Work and Organisation Division within the International Positive Psychology Association (IPPA) has launched in 2022 a new venture: Positive Psychology Communities of Practice. **Rona Hart (Psychology)** has been leading the EU-UK Positive Psychology Community of Practice, enabling discussions about: prosocial behaviours at work; a calling work orientation; and occupational stress, resilience and social support.

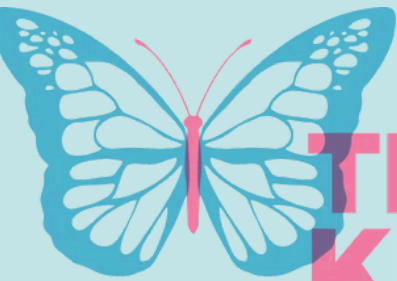
SciFusion

Stephanie Preston, from the University of Michigan, and India Morrison, from the University of Linköping received funding to establish a network (SciFusion) of people doing research on reading and empathy. Stephanie and India visited **Robin Banerjee (Psychology)**, Jane Oakhill and Alan Garnham at the University of Sussex.



THE PSYCHOLOGY OF KINDNESS AND WELLBEING IN THE WORKPLACE

Rebecca Crosby put together a [#7DaysOfKindness challenge](#)



THE KIND BRAVE LEADER

Helen Rimmer's consulting company [The Kind Brave Leader](#) was chosen on Small Business Sunday (story here: [Alumna Helen Rimmer on kindness at work and having her small business recognised by Theo Paphitis](#))

Helen Rimmer has also published a book: [The Kind Librarian: Cultivating a Culture of Kindness and Wellbeing in Libraries](#)



Marcus Mossberger has started a [Hope @ Work podcast](#)

BOOKS:

Lefevre, M., Huegler, N., Lloyd, J., Owens, R., Damman, J., Ruch, G. and Firmin, C. (2024) *Innovation in Social Care: New Approaches for Young People affected by Extra-Familial Risks and Harms*. Bristol: Policy Press. [The e-copy of this book is open access.](#)

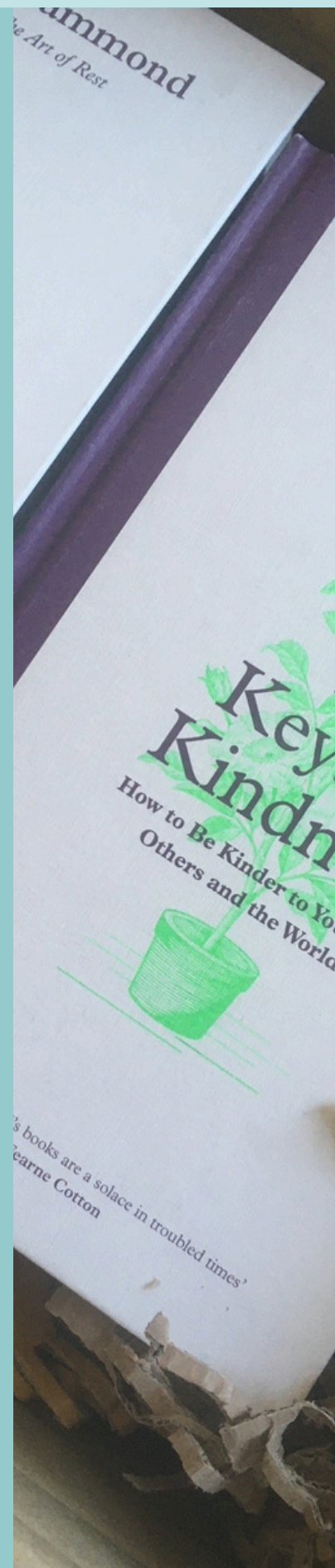


Book Chapters and Journal Articles

- Ascigil, E., Gunaydin, G., Selcuk, E., **Sandstrom, G. M.**, & Aydin, E. (2023). Minimal social interactions and life satisfaction: The role of greeting, thanking, and conversing. *Social Psychological and Personality Science*, 19485506231209793.
- Aknin, L. B., & **Sandstrom, G. M.** (2024). People are surprisingly hesitant to reach out to old friends. *Communications Psychology*, 2(1), 34.
- **Hart, R.** (2024). Prosocial behaviors at work: Key concepts, measures, interventions, antecedents, and outcomes. *Behavioral Sciences*, 14(1), 78.
 - Rona Hart also served as guest editor for this special issue
- **Hart, R.**, & Hart, D. (2023). Examining the pro-self and prosocial components of a calling outlook: A critical review. *Behavioral Sciences*, 13(8), 684.
- Johansson, E., & **Hart, R.** (2023). The Outcomes of Organizational Citizenship Behaviors in Part-Time and Temporary Working University Students. *Behavioral Sciences*, 13(8), 697.
- Lacey, A. J., **Banerjee, R.**, & Lester, K. J. (2024). "It felt a bit wartime": Teacher perspectives of social and emotional well-being support in primary schools during Covid-19. *Psychology in the Schools*, 61(5), 1982-1997.
- Langhoff, K., **Lefevre, M.** and Larkin, R. (2024) Shipping containers and speed boats: Exploring the contexts and relational spaces professionals navigate to safeguard young people from criminal exploitation, *Journal of Children's Services*, 19(1), 74-87

PUBLICATIONS: 2023-24

- Ferrell, A., Levstek, M., & **Banerjee, R.** “We Have a Voice. We Exist.”: Value of Basic Needs Satisfaction for Well-Being and Goal Development in Inclusive Theater Spaces for Young People. *The Journal of Creative Behavior*.
- Firmin, C., **Lefevre, M.**, Huegler, N., & Peace, D. (2022). *Safeguarding Young People Beyond the Family Home: Responding to extra-familial risks and harms* (p. 146). Bristol University Press. (Chapter about the importance of building trusted relationships between professionals and young people at risk of extra-familial harm)
- **Hart, R.**, & Hart, D. (2023). Untying the Text: Organizational Prosociality and Kindness. *Behavioral Sciences*, 13(2), 186.
- Hiestand, K. M., McComb, K., & **Banerjee, R.** (2022). “It Almost Makes Her Human”: How Female Animal Guardians Construct Experiences of Cat and Dog Empathy. *Animals*, 12(23), 3434.
- Lacey, A. J., **Banerjee, R.**, Dockalova, L., & Lester, K. J. (2023). “I miss the normalness”: Mother and child perspectives of well-being and effective remote support from primary schools during Covid-19 school closures. *BMC Psychology*, 11(1), 1-14.
- Lacey, A. J., **Banerjee, R. A.**, & Lester, K. J. (2023). “Are They Going to Play Nicely?” Parents’ Evaluations of Young Children’s Play Dates. *Journal of Child and Family Studies*, 32(8), 2240-2253.
- **Lefevre, M.**, Preston, O., Hickle, K., Horan, R., Drew, H., **Banerjee, R.**, ... & Boyer, S. (2020). *Evaluation of the implementation of a contextual safeguarding system in the London Borough of Hackney*. London: Department for Education.



PUBLICATIONS: 2023-24

- Lefevre, M. (2024) Direct work with children. In R. Clawson, R. Fyson and L. Warwick (eds.) *The Child Protection Handbook*, Elsevier, 4th Edition.
- Li, M., Racey, C., **Rae, C. L.**, Strawson, W., Critchley, H. D., & Ward, J. (2024). Can the neural representation of physical pain predict empathy for pain in others?. *Social Cognitive and Affective Neuroscience*, 19(1), nsae023.
- **McDonnell**, L., Clarke, A., & Phipps, A. (2024). 'They Should have been Looking after People for a Long Time': Human Giving and Generosity During COVID-19, in Austerity Britain. *Sociological Research Online*, 13607804241235715.
- McKnight, U., Farsides, B., Soni, S., & **Will, C.** (2024). Treating Mycoplasma genitalium (in pregnancy): a social and reproductive justice concern. *Monash Bioethics Review*, 1-16.
- Peace, D., Goldsmith, C. and **Lefevre**, M. (2024). Innovating in the Time of Covid: Adapting Services for Young People Experiencing Extra-Familial Risks and Harms, *Child and Family Social Work*, 1-10

Other

- (authors include **Meike Fechter**) (2024). [Beyond Humanitarian Assistance: Recognising Mutual Aid and Community Support among Internally Displaced People in Myanmar.](#) Policy Brief.

