

Number of Learning at Work Week workshops

**15**

Number of Wellbeing Festival events

**42**

## Feedback:

"An engaging and informative workshop which encourages participants to discuss issues and experiences surrounding the management of change. Would thoroughly recommend this workshop if you want to have a better understanding of how people are affected by change and how best to manage it. I came away with lots of practical strategies and some useful advice." *(Introduction to Managing Change)*

"A really valuable session, with positive participation from other managers, sharing our experiences. The course helped me to prioritise and delegate work, understanding the impact the work has on my delegates."

*(How to Delegate Effectively)*

"It was a positive and engaging session and perhaps removed some of the fear from the dreaded ADR! I think this is a really important offer to staff to help them feel valued and to take time to step back, consider what they have achieved, to be proactive in their own development and to feel supported by their line manager. It's also an opportunity to ask questions about the strategic direction of the university and wider team to feed in to the individual's role. Positive for the individual and for the university."

*(Preparing for an Achievement and Development Review)*

"I got loads out of the session, that I managed to put into practice the next day. The facilitator was great, it was really nice to see modelling of public speaking that is a more natural way of presenting and finding an authentic voice."

*(Public Speaking and Presentation Skills)*

Average scoring of OD workshops 23-24 (out of 5)

**4.39**

Number of development and wellbeing workshops run since Sept 2023

**189**

Number of wellbeing events run since Sept 2023

**61**

Number of School/Division specific workshops run since September 2023

**39**

Number of workshop attendees since Sept 2023

**1521**

## Total number of attendees since September 2023 by Division/School/Dept

This data shows the total number of attendees on OD workshops from September 2023 until 1 July 2024. Totals account for the number of staff who attended each workshop, not by unique staff member.

This data does not include the number of attendees on School/Division specific workshops run this year.

Division/School/Dept

