

# SPRING 2025

27TH JAN - 11TH APRIL

active **US**

US  
UNIVERSITY  
OF SUSSEX

STUDENTS'  
UNION

## MONDAY

BADMINTON  
4-6PM  
HALL 2

SUSSEXSPORT X  
RUNSOC\*  
5:30-6:30PM  
MEET AT SPORT CENTRE

## TUESDAY

BASKETBALL  
DEVELOPMENT  
3-5PM  
HALL 1

TABLE TENNIS  
5-6:30PM  
HALL 1

FOOTBALL  
6:30-8:30PM  
FULL 3G

## WEDNESDAY

FOOTBALL LEAGUE\*  
12-6PM  
SMALL 3G

## THURSDAY

BADMINTON  
12-2PM  
HALL 1

FOOTBALL  
4-5:30PM  
FULL 3G

## FRIDAY

ULTIMATE FRISBEE/  
TABLE TENNIS  
12-1PM  
HALL 1

VOLLEYBALL  
8-10PM  
HALL 1

## SATURDAY

VOLLEYBALL  
4-6PM  
HALL 1

## SUNDAY HALL 1

BADMINTON  
12-2PM  
VOLLEYBALL  
2-4PM

NETBALL  
4-6PM

## SUNDAY HALL 2

BADMINTON  
12-2PM

MIXED  
BASKETBALL  
2-3:30PM

WOMEN'S  
BASKETBALL  
3:30-4:30PM

MIXED  
BASKETBALL  
4:30-6PM

## SUNDAY SQUASH

12:10-3:10PM  
SQUASH COURTS

\* FREE VIA LINK IN  
@SUSSEXRUNningsOCIETY  
INSTAGRAM

\* ALL ENTRIES MUST  
BE IN BY 31ST JAN  
(VIA ONLINE SHOP)



SCAN TO BOOK A SESSION OR ENTER  
FOOTBALL LEAGUE

SOCIAL • STUDENT-LED • NO COMMITMENT • EVERYTHING PROVIDED